



Many aging adults are facing a crisis. Two factors — longer life spans and aging baby boomers — will combine to increase the population of Americans aged 65 years and older to roughly 20% of the U.S. population by 2030.

While 90% of people over age 65 want to remain at home as they age¹, a lack of affordable services means that this dream cannot become a reality for many on a low, fixed income.

Simultaneously, there is a shortage of professionals to care for this aging population. Topping the list of occupations expected to grow between 2012 and 2022 are personal care aides, in the No. 1 slot (580,800 new positions); home health aides, No. 4 (424,200 jobs); and nursing assistants, No. 6 (312,200 jobs). Together, it is mind-boggling: more than 1.3 million new paid caregivers will be needed to meet demand over the next decade.²

Enter the **Family & Nursing Care Foundation**, established by Family & Nursing Care, Inc. founder, Sandy Kursban. A fund of the Community Foundation in Montgomery County, the Foundation was created in 2008 with the goal of supporting older adults in two very important ways:


- Offering grants to help lower-income older adults gain access to the care they need to remain in their homes.
- Providing scholarships for students to earn a Certified Nursing Assistant (CNA) certificate in order to care for the aging population.

¹ AARP, <https://assets.aarp.org/rgcenter/ppi/liv-com/aging-in-place-2011-full.pdf>

² <https://newoldage.blogs.nytimes.com/2014/02/26/a-shortage-of-caregivers/>

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MAKING AN IMPACT

Since its inception, the Foundation has supported three local nonprofit organizations: **Home Care Partners**, **Elderly Ministries program of the Community Ministries of Rockville**, and the **Jewish Social Service Agency (JSSA)**. Since 2009, the Family & Nursing Care Foundation has given \$30,000 annually (and \$40,000 in 2016) to Home Care Partners and Community Ministries. These funds have provided for more than 5,800 hours of comprehensive home care services each year, allowing 75 low-income seniors to remain in their homes. In 2016 the Foundation gave \$10,000 to JSSA, which enabled JSSA to provide 460 hours of home care to at-risk, aging Holocaust survivors.

In addition, the Family & Nursing Care Foundation has established a scholarship fund at Montgomery College to support students interested in pursuing training to become Certified Nursing Assistants (CNA). Through a partnership with the college, the Foundation has established a \$25,000 scholarship; \$5,000 will be awarded in each year of a five-year period to selected CNA candidates applying for financial assistance.



Family &
Nursing
Care®

Since 1968



“This is what my life, both personal and professional, is all about. When I founded Family & Nursing Care, Inc. in 1968, my dream was to provide seniors and their families with peace of mind by offering them competent, devoted home care whenever it was needed. With the work of the Foundation, this care can extend to more people than ever before.”

-Sandy Kursban

“I am especially grateful for the leadership and example that Family & Nursing Care has demonstrated in creating the foundation.

At a time when every societal institution is being challenged financially, our community will continue its tradition of compassion and community service when each person, organization and business steps up to help. Certainly the Family & Nursing Care Foundation has done so.”

-- Montgomery County Executive Isiah Legget

MAKE A DIFFERENCE

There has never been a more important time to join with the Family & Nursing Care Foundation than right now.

If you are an **individual** who feels inspired to make a difference in the lives of older adults in your community, please consider making a tax-deductible contribution to the Family & Nursing Care Foundation. Contributions to the Foundation in the name of a loved one also make a wonderful memorial gift.

If you have a **business**, please consider partnering with the Family & Nursing Care Foundation. In addition to direct donations, we offer several mutually-beneficial and creative ways to work together.

Your gift directly impacts seniors in our community.

Tax deductible contributions can be mailed to:

Family & Nursing Care Foundation
962 Wayne Avenue, Suite 500
Silver Spring, MD 20910

Or, donate online at:


www.familynursingcare.com/foundation/donate/



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