

Protecting Caregivers and Clients Checklist

- ✓ Always wash your hands with soap and water for at least 20 seconds
 - Wash your hands upon entering your client's home
 - Wash your hands often throughout your shift
 - Before leaving the client's home
- ✓ Use hand sanitizer (at least 60% alcohol) if soap and water are not available
- ✓ Avoid touching your eyes, nose, and mouth with unwashed hands
- ✓ Wear a mask that covers your nose and mouth
- ✓ For COVID+ clients, wear: N95/KN95 face masks/face shields/gowns/gloves
- ✓ For COVID- clients, wear: surgical face masks/gloves
- ✓ Disinfect all frequently touched surfaces (examples: counter tops, tables, doorknobs, light switches, handles, desks, phones, keyboards, remote controllers, toilets, sinks, etc.)